

CELEBRATIONS

VIA POSITIVA: Carpe Dancem
find the food table
september 4, 2011
8:30, 9:45 & 11:15
celebration leaders: howard hanger
the world beat band

GATHERING

*you are encouraged to read the meditation readings,
and to hug, shake hands and know you are welcome here.*

welcome to celebrating the dance
calling of the drums & the four directions

OPENING

a song to celebrate the yes road

you are invited to **feed the hungry** by placing an offering in the hunger baskets on the altar.

if i knew you were comin', i'd have baked a cake,
baked a cake, baked a cake.

if i knew you were comin', i'd have baked a cake,
howd-ya do, howd-ya do, howd-ya do!

had you dropped me a letter, i'd a hired a band,
grandest band in the land.

had you dropped me a letter, i'd a hired a band
and spread the welcome mat for you.

oh, i don't know where you came from
and i don't know where you've been.

but it really doesn't matter
grab a chair and fill your platter
and dig, dig, dig right in.

if I knew you were coming, i'd have baked a cake
hired a band, goodness sake,

if i knew you were comin', i'd have baked a cake,
howd-ya do, howd-ya do, howd-ya do!

(instrumental break)

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and i don't know where you've been.

but it really doesn't matter
grab a chair and fill your platter
and dig, dig, dig right in.

if I knew you were coming, i'd have baked a cake
hired a band, goodness sake,

if i knew you were comin', i'd have baked a cake,
howd-ya do, howd-ya do, howd-ya do!

(w/m: a. hoffman, b. merril, g. watts)

a gift of a poemish story

"neither one knows the other one's dead"
tebbe davis

ACCEPTING

(during this time, you are invited to pray or receive communion with a jubilee! prayer partner at the western wall alcove.)

singing the buddhist bowl

a song of assurance

ishq allāh ma'būd lillah - ishq allāh ma'būd lillah
ishq allāh ma'būd lillah - ishq allāh ma'būd lillah
allah ya jamil, allah ya jamil, allah ya jamil
allah, allah

god is love, lover and beloved.
god is beauty/i see the god in you.
(traditional sufi/muslim song)

a gift of song

“now westlin winds”
kila donovan, sean sutherland, jon hyers

LEARNING

1 kings 19: 4-8

get up and eat; otherwise, the journey will be too much for you.

sura al-ma'idah (the table spread) 5: 87-89

do not forbid yourselves the good things allah has made.

john 6: 41-51

i am the bread of life.

reader: this is ancient wisdom and holy word.

people: thanks be to all that is wise and holy.

reader: all creation is wisdom and holy word.

people: all creation sings of wisdom and god. hallelujah!

singing & sharing a holy peace

you are invited to offer god's peace to another and receive it, yourself.

reach out your hand if your cup be empty,
if your cup is full, may it be again.
let it be known there is a fountain
that was not made by the hands of man.

(r. hunter, j. garcia)

meditation

- find the food table -

howard hanger

communing with bread and wine

8:30 celebration; first sunday of the month only.

you may pray with a jubilee! prayer partner at the western wall.

BLESSING

offering our money

dedicating our gifts to god

we're coming to the edge, running on the water,
coming through the fog, your sons and daughters...
sing the greatest song!
stand on a star and blaze a trail of love
through the dark of the dawn.
let the rivers run!
let all the dreamers wake the nations.
come, the new jerusalem!
(w/m: carly simon)

benediction for the dance

let it be a dance we do.
may i have this dance with you?
through good times and the bad times too,
let it be dance!
let it be a dance! let it be a dance! let it be a dance!
let it be a dance! let it be a dance! let it be a dance!
(w/m: r. masten)

postlude

the western wall in the celebration area is there for your prayer requests. you may also visit the wall to read the requests and offer a prayer. please initial the paper to acknowledge that prayers have been said for that request.

meditation readings

(collected by anne wray)

a sabbath meal and the happiness that accompanies it, the chants, the singing,
the light, touch a place in the memory which gives vigor to the entire being.

❖ michel abehsera

it takes so little to make me happy:
an hour of planting
cucumbers squash tomatoes
is an hour
filled with gold.

❖ alice walker, hard times require furious dancing

celebration is a kind of food we all need in our lives, and each individual brings
a special recipe or offering so that together we will make a great feast.

❖ jan steward

today is a day of
dark clouds and slow rain.
the little blades of corn
are so happy.

❖ mary oliver, swan

i recognize that at its deepest level eating is an affirmation of life. each time i
eat i agree somewhere inside to continue life on earth. i acknowledge that this
choice to eat is a fundamental act of love and nourishment, a true celebration of
my existence. as a i human being on earth, i agree to be an eater. i choose life
again and again and again . . .

❖ marc david, nourishing wisdom

call everyone to the table. stop to give thanks. offer a toast and a thanksgiving
for good health, love, companionship, delicious food, and a moment of
contentment. a day fully lived, simply abundant.

❖ sarah ban breathnach, simple abundance

taste it, taste it, this night is honey
taste it, and keep it . . .
❖ jai ho, song in “slumdog millionaire”

grape clusters heavy under broad leaves,
powdery bloom on fruit black with sweetness
an ancient delight, delighting:
. . .what i know of spirit is astir
in the world. the god i have always expected
to appear at the woods’ edge, beckoning,
i have always expected to be
a great relisher of the world, its good
grown immortal in his mind.

❖ wendell berry, from “the satisfactions of the mad farmer”